

St John and the City Defibrillator Project



Each year in Scotland, over 3,500 people are treated by the Ambulance Service following a cardiac arrest, but only around 1 in 20 will survive. Defibrillation works in synergy with CPR, and is most effective the earliest it is performed. Delivering a defibrillatory electrical shock to the heart within 3-5 minutes of collapse can produce survival rates as high as 75%. - Out of Hospital Cardiac Arrest, A Strategy for Scotland, Scottish Government, 2015.

St John and the City is a public access defibrillator (PAD) project run by the Edinburgh committee of St John Scotland. Businesses, voluntary organisations, civic institutions and individuals, known as Donors can provide funding for PADs. These are then placed with Hosts at strategic sites across Edinburgh.

Guardians are a team of volunteers who monitor the PADs, ensuring they are in place and in working order. A member from the Edinburgh Team of St John Scotland (known as the Coordinator) is responsible for maintaining the Defibrillator Register and they share this information with the Scottish Ambulance Service.

This support framework was developed following a pilot project in 2015, which saw St John Scotland successfully partner with Network Rail to provide four PADs at Waverley Station. One year on, these defibrillators have been deployed four times, and used to tackle two heart attacks, demonstrating the benefits of having immediate access to lifesaving and easy to use equipment in public places.

For more information, visit our website:
www.stjohnandthecity.org.uk or follow the project on Twitter
[@SJohnAndTheCity](https://twitter.com/SJohnAndTheCity)



St John
Scotland